

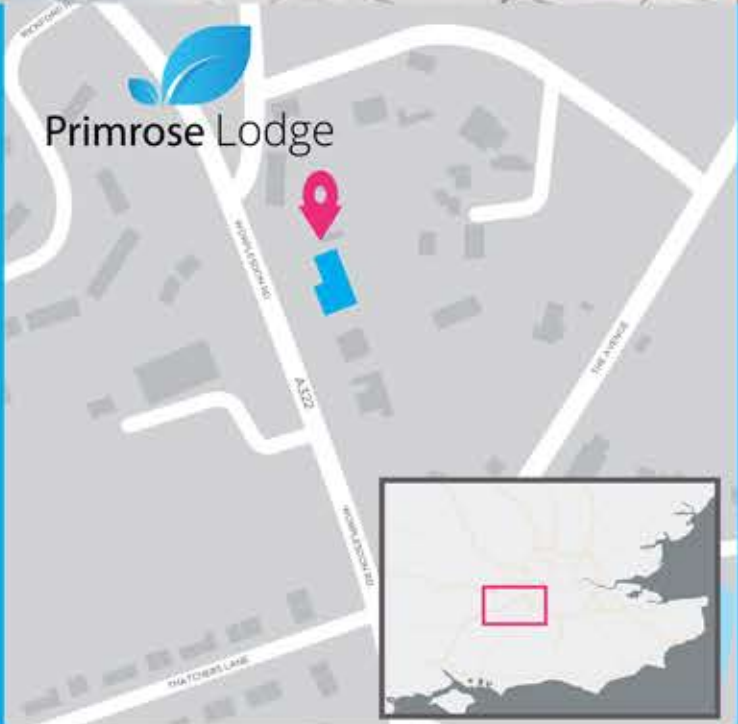
Recovery Is Getting Better



PRIMROSE LODGE
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Medical Insurance Accepted



A full-service clinic offering complete medical detox, rehabilitation and recovery therapies.

 UK Addiction Treatment Centres



WELCOME TO PRIMROSE LODGE.

At Primrose Lodge we genuinely care that our patients make a full recovery from their illness. As a premier treatment facility, there has been no expense spared in making our clinic comfortable, attractive and homely with fantastic facilities for our patients to enjoy. We take pride in our clinical excellence and the fact that we are able to offer an exceptionally high standard of treatment and accommodation at an affordable price.

Primrose Lodge are passionate about helping the family to recover from addiction too. We feel it is vital that the family are supported and guided whilst their loved one undergoes rehab treatment. We will help you to prepare for their discharge back home and heal the family with our unique Family Recovery Programme. Our support doesn't just end when your loved one is discharged either; we provide 1 year free aftercare to all of our patients that complete their treatment. Aftercare is vital to on going progress and recovery from addiction.



TESTIMONIALS

In all honesty I really didn't think my problem warranted rehab, I kept telling myself I could stop if I really wanted to. Problem was I never did, as the thought of stopping was too terrifying. My family persuaded me to go in to rehab treatment. Primrose Lodge Counsellors quickly helped me to see that my addiction was beyond my mental control, and that if I carried on I would lose everything-including my beloved family. I now accept that there was nothing normal about my drinking and that I caused myself and my loved ones much harm along the way. I am so grateful for the therapy and support I received during the 6 weeks I spent there. I now have a completely different outlook on life and cherish every moment...sober! **Lewis.**

I lost everything to Cocaine - my business, my partner, my self-respect and my sanity. I sold my soul to the drug and hated it... but could not stop myself from taking it. I felt weak and ashamed that I wasn't strong enough and hated what I had done to my family. Primrose Lodge freed me from the compulsion to use. Words cannot express how free I feel today. I am rebuilding my life brick-by-brick and am excited about the future for the first time in many years. **Pete.**



OUR TEAM

Our multidisciplinary team of addiction treatment professionals possess extensive credentials and expert training in the field of addiction services. They take pride in their work and often go that extra mile in order to help our patients. Our clinical team regularly liaise with physicians, nurses and other relevant medical specialists in the field of addiction and recovery services. In order to provide a seamless and effective service, all of our team work closely together, regardless of their individual roles.

The vast majority of staff at Primrose Lodge are themselves in recovery. They have experienced the pain, terror and misery of addiction first hand. Having overcome their individual addictions, they provide a tangible role model for our clients to aspire to. Their personal experience gives them a unique perspective that our patients will be able to relate to and engage with. Needless to say, they are extremely passionate and dedicated to helping our patients overcome their own individual addictions. They know it is entirely possible and provide the patient with the hope and the proof that it can be done. Our dedicated team consists of a qualified Doctor, Counsellors, Psychotherapists, Holistic Therapists, Medical staff and Recovery Support Workers.

OUR ETHOS

Primrose Lodge strongly believe in the healing of the whole person. This means that no stone is left unturned; we treat each patient on a physical, mental, emotional and spiritual level. Permanent recovery is dependent on the individual making positive changes to all aspects of their life. We will show them exactly how to achieve this. We offer an environment that is designed to nurture and support each individual in his or her recovery. Addiction is a deadly disease; we want to help more individuals to find recovery and realise their true potential, free from the self-imprisonment of their mind.

Primrose Lodge will support and provide advice to family and patients before and after admission; we are here to help. Permanent recovery is on offer through our rehab clinic. We have complete faith that we have the means to help every addict that comes through our doors to heal and embrace a brand new life free from alcohol, drugs and destructive behaviours.



• ATTRACTIVE GARDENS

Primrose Lodge is a private property with its own well-established and maintained gardens. Patients will have access to the gardens and outdoor space for regular refreshment breaks, enabling them to clear their heads, connect with nature, and have time to reflect. The clinic offers privacy and security throughout; our gardens provide a refreshing, beautiful environment for leisure and relaxation. Patients will feel safe from temptation and the outside world whilst they focus fully on their rehabilitation and recovery.

standard of accommodation and treatment at an affordable price.

• LAUNDRY AND CLEANING SERVICES

Our clinic has its own housekeepers who ensure the clinic and its facilities are kept clean and in order. Patients' have the facilities to do their own personal laundry. Bedding is regularly changed to keep personal space clean, comfortable and hygienic.

• VARIETY OF TREATMENT ROOMS

Primrose Lodge is a purpose-built, fully integrated substance detox and addiction rehabilitation facility. Inside are purpose built one-to-one counselling rooms, group rooms, and treatment rooms, enabling us to facilitate our comprehensive treatment programmes within suitable surroundings. Clients undergoing treatment at our clinic will benefit from a high

PRIMROSE LODGE FACILITIES

• SECURE AND COMFORTABLE ROOMS.

We offer 19 ensuite bedrooms, completely refurbished and decorated to a very high standard with furnishings to match. Our rooms provide everything you need to ensure your personal environment is safe, secure, and comfortable.

prepared meals. Residents will receive a varied, delicious, and healthy menu using fresh ingredients and local produce. Our chef is able to accommodate a variety of dietary requirements and will ensure that each patient receives the required nutrients to assist in their physical and mental rehabilitation.

• IDEALLY SITUATED

Our clinic is a large, spacious, fully residential detached facility with attractive gardens and 24/7 security. Situated in Guildford, Surrey, it is within easy reach of London and local transportation links. Our clinic boasts its own well-equipped gymnasium. There residents integrate regular physical activity into their treatment plan, for a healthy mind, body, and spirit.

• FREE WI-FI

Primrose Lodge offers free Wi-Fi access to its residents. Patients will be able to use it during specific periods so that their leisure doesn't interfere with the treatment for their addictions. The network is monitored by the clinical team to ensure it is not being used inappropriately or to the detriment of the recovery process.

• FULL IN-HOUSE CATERING

Our state-of-the-art kitchen and the dedicated and highly qualified chefs mean that our patients enjoy only the highest standard of freshly





REHAB TREATMENT

Clients undertake a regime of therapy, guidance, advice, well-being and structured psychological, physical, and emotional treatments to understand addiction, cope with it, deal with it, and ultimately live a life free from substances and behavioural harm.

OUR TREATMENTS INCLUDE:

- 12-step therapy
- Aftercare
- Alcohol detox
- Alcohol rehab
- Art therapy
- Cognitive behavioural therapy
- Drug detox
- Drug rehab
- Group therapy
- Individual therapy
- Meditation
- Trauma therapy

FAMILY RECOVERY PROGRAMME

Primrose Lodge offers a unique and healing Family Recovery Programme to its client's family members and partners. Often during an addict's rehabilitation process, the family can be neglected. We believe that a full and permanent recovery from addiction starts at home; healing the family from the years of suffering they have endured at the hands of their loved one's illness.

We are passionate about treating our patients as a whole individual; this means addressing any issues that may challenge their recovery once they leave our clinic. By providing a Family Recovery Programme, we can assist the individual and their family in the process of rebuilding healthier relationships and moving away from destructive and unhelpful behaviours on both sides.

Once a month, Primrose Lodge facilitates an open day for families and partners of those that are in treatment with us. You will be given the opportunity to engage in some of the treatments we offer and communicate any questions or concerns you may have with our Counsellors. Our treatment programme is completely transparent; as such you will be able to see exactly how we are helping your loved one to recover. Whilst we have a strict policy that we adhere to around protecting our patient's confidentiality, we are able to advise and educate families in a constructive way that benefits all that are involved.

One of the greatest rewards we see as a result of the work that we do, is families being reunited and coming to know a healthier relationship with one another. Primrose Lodge go that extra mile to assist in starting this process within the safety of the treatment environment.

