FATIMA MIR Associate Psychologist

Education

Institute of Professional Psychology, Bahria University Karachi Campus

Bachelor of Science in Psychology September 2015 - July 2019

Institute of Professional Psychology, Bahria University Karachi Campus

Master of Science in Clinical Psychology September 2019 - July 2022

Skills

- Microsoft Office
- SPSS
- Individual & Group Counselling
- Workshop Facilitation
- Project Management
- Team Building

Languages

- English
- Urdu
- Persian

My Contact

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Karachi, Pakistan

Professional Experience

Institute of Behavioral Sciences, DOW University June 2023 – Present

Lecturer

Key responsibilities:

- Conduct psychological lectures for students of BS Psychology.
- Conduct individual and group therapy sessions under supervision.

PRC Rehabilitation Center January 2020 - Present Associate Clinical Psychologist

Key responsibilities:

- Conduct individual and group counselling sessions implementing behavior management systems.
- Conduct addiction therapy, family therapy, and group therapy under supervision.
- Administer psychological assessments.
- Provide psycho-education to the patients which facilitates in developing practical skills and coping strategies that help them in recovery to avoid potential relapse.
- Conduct workshops/webinars to raise awareness on issues surrounding mental health and addiction in organizations and educational institutions.

Kazim Trust February 2019 - March 2019 Intern

Key responsibilities:

- Observed therapy sessions for children with ADHD and LD.
- Observed parental counselling sessions

Certification

May 2023	Clinical Certified Trauma Specialist - Individual (CCTSI) - Arizona Trauma Institute
January 2022	International Certified Addiction Professional (ICAP-I) - Global Centre for Credentialing and Certification (GCCC)