

SOLIU OLAKUNLE BADMUS

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PROFESSIONAL SUMMARY

I am a highly courageous and enthusiastic individual who possesses the ability and the drive to learn and acquire new knowledge. I am adaptive and distinctively creative with a high standard of emotional intelligence. Compassionate in caring for older people with dementia and enjoy working with people with mental health problems including those with comorbidities. An eloquent communicator, with interpersonal skills; excellently exposed to good practice, sound knowledge and understanding of how to respond to difficult and challenging situations. My training and work experience has equipped me with the essential and relevant skills required to work within the confine of my professional competence. I am an excellent team player with active skills and the ability to work with different people and professional groups.

EXPERIENCE

I have vast experience in several areas of care delivery, and I have worked in different departments within the hospital. Care Homes, Below is a list of my most recent experiences, including my roles and responsibilities as a Healthcare assistant/care support worker.

Proficient Community Care Services Limited (Ipswich, England, United Kingdom)

Senior Support Worker from October 2022 -Present

Roles and Responsibilities

- ❖ Helping a care home resident get dressed, wash and eat.
- ❖ Providing company and spending healthy relationships with patients.
- ❖ Involvement with writing residents' care plans
- ❖ Providing information to family members regarding the care plan
- ❖ Ensuring that the residents' needs and wishes are met.
- ❖ Working with other health and social care professionals to provide holistic care.
- ❖ Recording and reporting essential information in the residents' daily reports accurately and effectively to reflect the patient needs and care (communicationsystems, care and health monitoring, accident, and incident reports)
- ❖ Administering medication under supervision (as detailed in their individual medication administration record)
- ❖ Gently encouraging residents to get involved with recreational activities.
- ❖ Giving feedback to The Line Manager/supervisor, health, and social care professionals where necessary and appropriate.

- ❖ Able to respond to deteriorating patients and to act in their best interest to provide a safe approach, such as contacting NHS 111 out of office hours for advice and support for the patient.

- ❖ Driving Clients to different locations e.g. Hospital appointment, Shopping, Recreational activities, picking up their medications from the pharmacy.

Revival Care Home

Health care assistant

January, 2021 – September 2022

Roles and Responsibilities

- ❖ Effective use of equipment to carry manual handling tasks where necessary and appropriate
- ❖ To assist patients or individuals with disabilities with their daily living activities such as showering, eating, and toileting.
- ❖ Effective use of equipment to carry manual handling tasks where necessary and appropriate.
- ❖ Able to take and record vital signs of a sick patient. For example, blood pressure, oxygen temperature and pulse rate.
- ❖ Effectively engaging with patients and by listening to them.
- ❖ Able to write and deliver effective reports, reviewing and evaluating changes in patient's conditions, including showing patient's engagement.
- ❖ Able to work within the confine of my professional competence, such as assisting nurses and other staff to deliver effective care to patients and individuals with disabilities.
- ❖ Able to adhere to professional standards and departmental protocols.
- ❖ Identify deteriorating patients through their symptoms and bale to escalate the nurse in charge, doctors care or relevant agencies in charge of the patients
- ❖ Possess excellent skills in producing a comprehensive report in a timely manner, based on my involvement with the patient.
- ❖ Supporting patients with personal care, assistance with feeding and monitoring, particularly those with dysphagia.
- ❖ Follow up care in the community and provide 1:1 care support during home visits to patients who cannot care for themselves.

Adex Neuropsychiatric Hospital.

Worked as a Carer/ Healthcare Assistant

April 2018- December 2020

Roles and Responsibilities

- ❖ Promoting the wellbeing of patients or individuals with disabilities, such as ensuring a tidy environment.
- ❖ Able to take and record vital signs of a sick patient. For example, blood pressure, oxygen temperature and pulse rate.

- ❖ Able to represent patients or individuals with disabilities, by attending professional meetings in their best interest.
- ❖ Able to adhere to professional standards and departmental protocols.
- ❖ Talking to patients and reassuring them.
- ❖ Assisting nurses and other staff when needed.
- ❖ Delivering reports to the case manager and reviewing any important changes in the patient's condition.
- ❖ Administer drugs to patients
- ❖ Promoting medication adherence/compliance and concordance, through encouragements based on the qualified nurses and doctor's advice.
- ❖ Possess excellent skills in producing a comprehensive report in a timely manner, based on my involvement with the patient.
- ❖ Supporting patients with personal care, assistance with feeding and monitoring, particularly those with dysphagia.

Carefirst Care Services (Ipswich,England,United Kingdom)

Support Worker/ Healthcare Assistance

Roles and Responsibilities

- ❖ Assisting clients with the use of their daily medications.
- ❖ Provided personal care for the client
- ❖ Preparing meals and serving food,drinks and beverages.
- ❖ Making best use of aids provided to help clients who have limited mobility.
- ❖ Working closely with the nursing team,to monitor each patient's health and wellbeing by observing them and updating their records.
- ❖ Follow up care in the community and provide 1:1 care support during home visits topatients who cannot care for themselves.

EDUCATION / CERTIFICATION

Osun State University,Osun,Nigeria. BSc (Hons)	December 2016
Senior Secondary School Certificate	June 2013
Care certificate (NHS)	05, March 2022

SKILLS

- ❖ Ability to drive results through effective leadership and management skills.
- ❖ Flexible with good organizational skills and ability to manage workload.
- ❖ Sound knowledge and understanding of the Mental Health Act (1983, amended in 2007).
- ❖ Ability to work to stringent deadlines with excellent customer service.
- ❖ Able to adapt quickly to challenges and changing environments.
- ❖ Excellent interpersonal/intrapersonal and communication skills.
- ❖ Excellent knowledge in IT i.e., software such as Microsoft office.
- ❖ Driven to learn and apply new ideas and skills practice.
- ❖ Strong influencing and delegation skills and ability to work within a team and independently

TRAINING

- ❖ Facility Management Training Certificate (Achieved in 20th January 2021)
- ❖ Nigeria Red Cross 14th April 2021
- ❖ Care certificate training (Achieved March 2022.)
- ❖ Mental Health Awareness (Achieved March 2022.)
- ❖ Safeguarding vulnerable Adults (Advanced) Level 2 (Achieved July 2022.)
- ❖ Progress Training by FLEXEBEE (Proficient Community Care Services) (Achieved March 2023)
- ❖ Learning Disabilities & Autism Training (Achieved May 2023) Developing Skills in Health & Social Care Project Norfolk & Suffolk.

INTERESTS

Enjoy reading, particularly health care journals, and articles. I enjoy exploring new phenomena reading novels; watching movies; excellent and talented Saxophonist and Trumpeter. I enjoy keeping my mind, body, and soul intact, by maintaining regular contact and visits to the gym.

REFERENCE

Reference is available on request

