

Candidate: MBIRO JOSEPH
Position Applied For: REGISTERED MENTAL HEALTH NURSE
Nationality : UGANDAN
Country of Residence: UGANDA
NMC Status: PRN 1030165764

CONTACT DETAILS

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mbirojoseph21@gmail.com

PERSONAL STATEMENT

I am a committed, diligent and compassionate Mental Health Nurse with a strong desire and passion to deliver high quality patient care. With over five years of experience working in mental health settings in Uganda, I possess a deep understanding of the complexities of mental health conditions and the importance of patient-centered care with additional competencies that are vital to carrying out my responsibilities including developing and sustaining strong interpersonal relationships, clinical assessment, good communication skills, recognizing and meeting patients' needs through nursing care plans and efficient treatment implementation. I am driven by the desire to make a positive impact on the lives of others and the opportunity to work in a fast-paced, dynamic and innovative healthcare system.

EDUCATION BACKGROUND

Institution Name: Butabika School of Psychiatric Nursing

Start Date: 1st November, 2015

End Date: 31st December, 2018

Qualification: Diploma in Mental Health Nursing

WORK HISTORY

Current Employer: Butabika National Referral Mental Hospital

Location: Kampala District

Job Title: Registered Mental Health Nurse

Start Date: 1st August, 2019

End Date: Up to Present

Hospital Description

Butabika Hospital is a general psychiatric facility, with bed capacity of 900 patients that provides intensive and immediate care for individuals experiencing different neurological conditions as well as severe psychiatric crises or acute mental health disorders. Its primary focus is to stabilize patients in crisis, ensure their safety and initiate appropriate treatment interventions. This facility typically serves individuals with conditions such as HIV/AIDS with serious mental illnesses, severe depression, personality disorders, anxiety, bipolar disorders, psychotic disorders, Alcohol and Drug abuse among others, in both children and adult patients.

CLINICAL DUTIES

- Assess patients by discussing their mental health conditions with them
 - Provide treatment to patients and ensure medications are administered correctly
 - Work to understand the source of patients' disorders
 - Conduct one on one therapy sessions
 - Prepare patients' records and maintain them effectively
 - Conduct risk assessments on patients
 - Monitor patients' progress with their families
 - Ensure all legal requirements are complied with
 - Community outreaches including visiting patients' homes
 - Developing and reviewing care plans while monitoring progress
 - Team leadership at the ward
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CLINICAL CONDITIONS

- Neurodevelopmental disorders
 - Unconscious patients
 - Bipolar Affective Disorder
 - Anxiety Disorders
 - Epileptic Cases
 - Physical & Psychological trauma
 - Trauma & Stress related disorders
 - Dissociative disorders
 - Somatic disorders
 - Feeding and Eating disorders
 - Sleep-Wake Disorders
 - Obsessive compulsive Disorders
 - Neurocognitive Disorders
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- Schizophrenia
- Personality Disorders
- Complicated Malaria
- Infectious cases like TB
- Substance Use Disorders
- Delirium and Dementia

Wards Worked On

- ✓ Psychiatry Department
 - ❖ Acute Male Ward (75 bed capacity)
 - ❖ Acute Female Ward (50 bed capacity)
 - ❖ Alcohol & Drug Rehabilitation Unit (60 bed capacity)
 - ❖ Forensic ward (25 bed capacity)
 - ❖ Children & Adolescent Mental Health Services (50 bed capacity)

Previous work station

Hospital Name: Masaka Regional Referral Hospital
Designation: Volunteer Mental Health Nurse
Department: Mental Health Unit
Time Period: January 2019 – July 2019

Hospital Description

Masaka Regional Referral Hospital is a general hospital situated at the heart of Masaka district and serving the Greater Masaka region and nearby districts to provide quality health services to people, complementing the efforts of the Government of Uganda towards provision of quality, equitable and accessible preventive and curative health services to the people of Uganda in the region

Clinical Duties

- Educating patients on self-care and assisting them in reaching their own objectives

- Collaborating in multi-disciplinary groups
- Teaching medical staff and their families
- Giving community instruction
- Using crisis intervention techniques
- Delivering Case handling
- Advancing overall and general health
- Implementing treatment plans and follow up
- Community mental health programmes

Clinical Conditions

- Neurodevelopmental disorders
- Unconscious patients
- Bipolar Affective Disorder
- Anxiety Disorders
- Epileptic Cases
- Physical & Psychological trauma
- Trauma & Stress related disorders
- Dissociative disorders
- Somatic disorders
- Feeding and Eating disorders
- Sleep-Wake Disorders
- Obsessive compulsive Disorders
- Neurocognitive Disorders
- Schizophrenia
- Personality Disorders
- Complicated Malaria
- Infectious cases like TB
- Substance Use Disorders
- Delirium and Dementia

Wards worked on

- Admission wards (both and female)
- Mental Health Unit (OPD and ward)
- Occupational Therapy Department

Continuous Professional Development

- ❖ Basic Life Support and safe drug handling among nurses by the National Drugshops Authority Initiative
 - ❖ Attending meetings that involve updates for mental health nursing such as manual handling and safeguarding by the Ministry of Health
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LEADERSHIP

- Team Leader at Kireka ward (Acute Male Admission Ward)
 - Guild President at Butabika School of Psychiatric Nursing (2017/2018 cabinet)
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LICENSURE / REGISTRATION

I am registered and licensed by the Uganda Nurses and Midwives Council, registration number RMHN 1416

NMC STATUS:

PRN 1030165764; CBT Passed,

English Proficiency

IELTS passed with Band 8; Listening 8.5; Reading 7.5; Speaking 7.5 and Writing 7.5

REFEREES

- 1. NAME:** Mr. KAVUMA ENOCK SHEM
Registered Mental Health Nurse
Cygnet Hospital, Bury – Greater Manchester (UK)
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 - 2. NAME:** Mr. KIMBOWA RONALD
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